



# Sara Milheiro Tavares

Managing Associate

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Managing Associate at the Employment & Social Security Department of SRS, Sara Milheiro Tavares has over 20 years of experience in law, particularly in labour and social security. She was recommended by The Legal 500, in 2022.

**Focus Areas**

Employment & Social Security  
Dispute Resolution

**Languages**

Portuguese  
English  
Spanish

**SRS Global**

Europe

## Experience

- Since 2018 - Managing Associate at SRS Advogados
- 2010 to 2018 – Lawyer at SRS Advogados
- 2008 to 2010 – Lawyer at Soares Machado & Associados – Sociedade de Advogados, RL
- 2003 to 2008 – Lawyer at José Santana Carlos & Rui Roldão, Sociedade de Advogados, RL
- 2001 to 2003 – Trainee at José Santana Carlos & Rui Roldão, Sociedade de Advogados, RL

## Qualifications

- Postgraduate diploma in Employment Law from Católica | Lisbon School of Law
- Postgraduate diploma in Legal Sciences from Católica | Lisbon School of Law
- Law Degree from the University of Coimbra School of Law

## Associations

- Portuguese Bar Association