



Sara Milheiro Tavares

Partner

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Partner at the Employment and Social Security Department of SRS, Sara Milheiro Tavares has over 20 years of experience in law, particularly in labour and social security. She was recommended by The Legal 500, in 2022.

Focus Areas

Employment and Social Security
Dispute Resolution

Languages

Portuguese
English
Spanish

SRS Global

Europe

Experience

- Since July 2026 – Partner at SRS Legal's Employment and Social Security Department
- 2018 to June 2026 - Managing Associate at SRS Legal
- 2010 to 2018 – Lawyer at SRS Advogados
- 2008 to 2010 – Lawyer at Soares Machado & Associados – Sociedade de Advogados, RL
- 2003 to 2008 – Lawyer at José Santana Carlos & Rui Roldão, Sociedade de Advogados, RL
- 2001 to 2003 – Trainee at José Santana Carlos & Rui Roldão, Sociedade de Advogados, RL

Qualifications

- Postgraduate diploma in Employment Law from Católica | Lisbon School of Law
- Postgraduate diploma in Legal Sciences from Católica | Lisbon School of Law
- Law Degree from the University of Coimbra School of Law

Associations

- Portuguese Bar Association